

Presentation of Project Dissemination



ERASMUS+ KA229 PROJECT CARRIED OUT BY DANTE ALIGHIERI HIGH SCHOOL, BUCHAREST, ROMANIA



Erasmus+ KA229 / no. reference, 2020-1-ES01-KA229-083181 entitled **Change of Nutrition and Healthy living practices in European schools** (with the acronym HEALTHY NUTRITION).

All project activities were carried out according to the requirements of the Spanish coordinator. The project was initiated on 01.12.2020, with an initial period of implementation until 30.11.2022, but, due to the Covid 19 pandemic, the project was extended by 9 months, thus started running on 01.12.2020 and ending on 31.08 2023.

Participating countries were:

- IES SANTA M^o DEL ÁGUILA SPAIN (coordinating country)
- DANTE ALIGHIERI THEORETICAL HIGH SCHOOL, BUCHAREST, ROMANIA
- ZEYNEP MEHMET DONMEZ MESLEKI VE TEKNİK AADOLU LİSESİ , TURKYIE
- ÜNAL AYSAL ANADOLU LİSESİ, TURKYIE
- PROFESSIONAL SCHOOL of ECOLOGY and BIOTECHNOLOGY "Prof. Dr. Asen Zlatarov", BULGARIA

According to the application form, the needs of the partner schools in the field of European mobility and cooperation are as follows;

- To achieve the goal of internationalization by increasing the quality in education with the change of good practices in education.
- To increase intercultural awareness by improving the foreign language skills of students and staff.
- To establish cooperation networks by establishing partnerships with vocational schools in the European Union, it has the goal of sharing ideas, practices and methods.

- Encouraging young people to a healthy lifestyle and healthy nutrition because educational institutions should be the pioneers and the first practitioners of such good practices in society.

-To raise awareness of the public by raising public awareness about healthy nutrition, and to encourage the acquisition of good habits.

-Ensuring cultural transfer by applying typical examples of local folk cuisine by food-beverage students and teachers.

We believe that all these needs and targets were accomplished.

The validation of the participation of teachers and selected students was ensured by receiving the certificates of participation obtained in each mobility. Copies of all certificates can be found, along with all the other documents previously mentioned, at the Sector 3 Inspectorate.

Participating students disseminated good practices and concrete examples on the subject of the project in the collectives they belong to.

Dissemination was also done in each Teacher's Council that followed each mobility, on the project website and on the social networks allowed for dissemination, by displaying photo and information materials on the notice board in the school specially dedicated to the project, on the educational platforms e-Twinning / ESAP and in Mobility Tools.